TRAFFORD SCHOOL MEAL

MEAT FREE LUNCH MENU

WE SUPPORT MEAT FREE MONDAYS!

Trafford are committed to Healthy Eating in our Schools , Supporting The Food for Life scheme , cooking

All our fish is MSC Approved and all our bananas and sugar are Fairtrade

Over 30% of our products are transported by vehicles that run on bio-diesel

Our Chicken and Milk are Red

We support 82 British Dairy Farms

We can bespoke our menu's to reflect your children's dietary needs, so that school meals can be enjoyed by all children

WE CAN TRACE EVERY CUT OF MEAT BACK TO THE FARMS OF ORIGIN

We only use Lion Quality Eggs

ALL OUR BEEF IS FROM THE UK OR IRELAND

We buy 95% of our seasonal vegetables direct from British Growers

All our fish is MSC approved and all our bananas and sugar are Fair Trade

Education Catering Services, OSfE, Trafford Council, Moss View Centre, Moss View Road, Partington, Manchester M31 4DX

Telephone: 0161 912 5556 Email: catering@trafford.gov.uk Website: trafford.gov.uk

SERVICE AWARDS 2018 Best Efficiency and Transformation Initiative

Trafford School Lunch

	WEEK 1	WEEK 2	WEEK 3	WEEK 4
MONDAY	Sausages Quorn Sausages Arctic Roll Creamed Potatoes Baked Beans	Chicken Curry and Rice Vegetarian Meatballs Smoothies Naan Bread Sweetcorn	Pizza Whirls Vegetable Chilli Con Carne Frozen Yoghurt Braised Rice Jacket Wedges	Turkey Burger In a Bun Vegi burger In a Bun Vanilla Ice Cream & fruits of the forest Jacket Wedges Baked Beans
TUESDAY	Chicken Wrap Tomato Pasta Blueberry Muffins Homemade Crusty Bread Country Mixed Vegetables	Crunchy Chicken Wrap & BBQ Sauce Vegetable Burrito Lemon Drizzle Cake Mixed Salad	Spaghetti Bolognaise Vegetable Bolognaise Raspberry Buns Garlic Bread Sweetcorn	Pasta bake Vegetarian Pasta Bake Chocolate Sponge With White Sauce Garlic Bread Garden Peas
WEDNESDAY	Roast Chicken Dinner Quorn Roast Dinner Chocolate Crunch Roast Potatoes Broccoli & Cauliflower	Roast Ham Dinner Roast Quorn Dinner Shortbread Roast Potatoes Baton Carrots	Roast Chicken Dinner Quorn Roast Dinner Flapjack Roast Potatoes Baton Carrots	Roast Turkey Dinner Quorn Roast Dinner Flaky Bar Roast Potatoes Broccoli & Carrots
THURSDAY	Oven Baked Ham & Pineapple Pizza Oven Baked Cheese & tomato Pizza Tangy Orange Squares Baked Jacket Potatoes Beans	Stuffed Chicken Tortilla Quorn & veg Tortilla Coconut Rice Pudding Cake Braised Rice Broccoli	Homemade sausage Roll Vegetarian Sausage Roll Fruit Jelly Creamed Potatoes Baked Beans	Chicken and leek Pie Vegetable Ravioli Canadian Cookies Country Mixed Vegetables
FRIDAY	Fish Finger Wrap & Salad Vegetable Ravioli Ginger Biscuits Jacket Wedges Diced carrots	Battered Fish Cheese Whirls Banana Bread Chipped Potatoes Mushy Peas	Fish Fingers Cheese Flan Orange Cookie Diced Potatoes Garden Peas	Fishy Mc Fish Broccoli & Leek Bake Choc Muffins Chipped Potatoes Mushy Peas

MEAT FREE WEEK

FRESH SALAD and Baked Jacket Potatoes Are AVAILABLE DAI-

Jugs of Water, Yoghurts & freshly prepared fruit Daily